MIAMI INTERNATIONAL ROWHOUSE

Contact: Francisco Viacava Tel: 305-710-8362 Email: <u>FrankyViacava@gmail.com</u> FOR RELEASE: January 15, 2019 Web: MiamiRowHouse.com

MIAMI INTERNATIONAL ROWHOUSE ANNOUNCING

Puerto Rico Single Sculler training at RowHouse



Veronica Toro Arana is the Woman Single Sculler for Puerto Rico and is hoping to be the first female to ever row for Puerto Rico at the Olympics.

Last year she won the Central America and Caribbean Rowing Cup, made it to the C Final at the World Rowing Championships, and became the first female Puerto Rican to ever qualify for the Panamerican Games in rowing.

She has been training full time with Coach Franky Viacava since October 2018 and hopes to continue to be a part of RowHouse until the next Olympics in 2020. Her biggest goal this year is to get a medal at the Panamerican Games.

Veronica started rowing as a freshman in college at MIT, where she obtained her Bachelor's in Biological Engineering. While being part of the First Varsity Eight of the MIT Woman's Open Weight Team, Veronica started competing as the Woman Single sculler for Puerto Rico in 2014. Since then, she has represented Puerto Rico in three World Rowing Championships, two Central America and Caribbean Games, one Central America and Caribbean Rowing Cup, two Panamerican Games Qualifiers and one Continental Olympic Qualifier. She has been named Rowing athlete of the year for Puerto Rico in 2014, 2015, 2016, and 2018.

Outside of rowing, Veronica is a student at Stanford School of Medicine, hoping to become a Pediatric Cardiothoracic Surgeon. She has already completed her first two years of Medical School and is currently on a two year sabbatical conducting research for the Stanford Cardiovascular Biomechanics Computational Lab. Her research focuses on predicting surgery outcomes in children with a congenital heart condition called Tetralogy of Fallot.

RowHouse is very excited to host Veronica and wishes her the best in her rowing pursuits!

